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## **QUARTERLY TAPE**

*Our World - Tape 3 of the COCREATING Series*

This Hemi-Sync exercise encourages you to invite those you know and love into the interior paradise you crafted with the guidance. Allow them to add their own visions that are aligned with the ideas of justice, sustainability, and compassion. Through these qualities, we begin to understand the beauty and diversity of the Earth Life Experience. Please take note of your feelings as this shared process unfolds.

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